

...come by? In Phil. 4:8 we are told, “Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.”

We get to choose what we will dwell on and where our imaginations go. Part of it is choosing our influences; limiting those which cultivate angry, anxious thoughts, and pursuing those which lead to peace. We might need to set limits on the amount of time we spend looking at screens, or at the least the amount of time we spend on news sites and social media. Let’s fill that space with things that draw our minds back to what is ultimately true—God is good, God is sovereign, God is present—and use those (time with Christian friends, edifying reading, listening to worship music, meditating on Scripture, etc.) to cultivate a headspace that lends to transformation.

-Pastor Jacob

1. Justin Earley, *Habits of the Household*, (Grand Rapids: Zondervan Books, 2021), 95.

My wife and I are reading a book about the habits and rhythms we cultivate in our home and how they can be means of creating an atmosphere of worship and formation in Christlikeness. While reading the chapter on screentime (a weighty concern for parents these days!) the author suggested of Romans 12:2, “Paul seems to assume that formation is the default—we are either being formed (conformed) to the world or being formed (transformed) by God. This is an important lesson about what the human heart is—it is never *not* being shaped by something...So we must always pay attention to what is grabbing the attention of our minds and imaginations—because where the imagination goes, so goes the heart.”¹ I think he’s right, and this has significant implications for all of us—not just those of us fighting the good fight related to our kids’ screen time.

This invites me to consider: “What is forming me?” What am I setting my heart and mind on and how is it informing the person I am becoming? How are the influences I welcome into my life and my home creating a space where my family and I are being formed into greater Christlikeness, or not?

It is worth considering what we find our minds dwelling on throughout the day. So many of our influences, especially those which come to us through our various screens, lead our imaginations to places which inspire anxiety, anger, and more. We get caught up in a toxic cycle of comparing our lived reality to someone else’s social media profile. We get drawn into headline after headline signaling crisis after crisis. We are bombarded with endless advertisements implying that we should not be content with what we currently have.

When we find ourselves in such a headspace, it is any wonder that peace seems so difficult to... ***Continued on back page***

“Roving Reporter”

See how members of the congregation answer these three questions:

1. What is one thing on your “Bucket List”?
2. Who is one person you would love to meet?
3. What is one thing you love about Paramount BIC?



Molly Stouffer

1. “I’d like to write a book, probably from the fantasy genre.”
2. “I’d like to meet Danny Devito.”
3. “I love all of the friendships I have made.”

1. “To go canoe camping down a river.”
2. “I’d like to meet St. Francis of Assisi.”
3. “I love the active care shown for each other and the community.”

Micah Fickett



Danae Nowell

1. “To ride my horse, Chase, on the beach!”
2. “Hannah from the Bible. I love her story and faith and would love to talk to her! Her story is what inspired us to give Shiloh her name.”
3. “The people! When we came here last year our whole family was immediately welcomed and loved by this church. It feels like we have been a part of this family forever.”



Mar. 5:
Fellowship
Lunch
Mar. 5: End of
HAPC Baby
Bottle
Campaign

Mar. 9: Church Board Meeting
6:30 pm
Mar. 12: Youth Laser Tag Trip
12:00 pm
Mar. 13: Golden Heirs Luncheon
12:00 pm
Mar. 18: Men's Breakfast
9:00 am



Birthdays & Anniversaries:

- | | |
|-------------------------------|-----------------------------------|
| 4 Dickie and Sue Poffenberger | 15 Brittney Smith / Isaac Fickett |
| 5 Connie Garrett | 17 Steve and Crystal Eby |
| 9 Wade and Lindsay Dorsey | 18 Tina Sundergill / Judah Nowell |
| 11 Sue Poffenberger | 29 David Porter |
| 13 Scott Oberholzer | 31 Dennis Kahuthu |
| 14 Anders Kehr | |

News from the Church Board

As we are now into the month of March, the year is well under way for us as a church. For our church board, this month marks a time of transition. March's meeting will be our first following Congregational Council, and this will be the meeting during which we elect new board officers for the coming year. Thank you to Rod Miller for serving as our board chairperson, and thank you to Deb Pitsnogle for serving as our board secretary in 2022. These two are eligible for reelection to these offices in 2023 and we will keep you up to date as to who our 2023 officers will be. Our church board is comprised of: Rod Miller, Deb Pitsnogle, Tina Horst, Allison Banzhoff, Ray Oberholzer, Clint Stouffer, Susan Milford, Vickie Stouffer, Pastor Caleb and Pastor Jacob.

In the News

Look to this feature for important Paramount BIC news and announcements



We are so excited to welcome Susan Milford into the role of Children's Ministry Director! She brings great ideas and lots of love to our kids ministry. Would you be willing to help create a safe, welcoming atmosphere for our kids to learn about Jesus, as a teacher or helper? Contact Susan today!



If you would be interested in volunteering to help provide meals for families returning home from the hospital following surgery or a new baby, please contact Danae Nowell. When a need arises, she'll know you are interested and she can reach out to you.



Teens, join us Sunday, March 12, for a trip to the Carlisle Sports Emporium! Cost is \$10, plus money for food. Following the time in Carlisle, we'll host our regular youth group meeting at 6:00 pm.



As we've noticed high demand for canned goods and cereals at our Blessing Box, our items of the month for March are canned goods and cereal. We'd like to take a pause with receiving clothing donations at this time, as they are not being taken. So, let's focus on food items for the time being. Thanks for being a blessing!



Teens, our spring youth retreat is scheduled for April 28-30. Join us for an epic weekend of fun and games with friends, great food, and talking about our ROOTS as followers of Jesus. Cost is \$50. Please RSVP by April 1st.